Touched by Horses





Live experiences with horses seminars and individual coaching for

companies | organizations | individuals

"N-Learning" - learning from Nature, successfully

Horses have been companions to humans since ancient times. Although horses in the modern world are usually no longer part of everyday life, their inherent qualities of power and strength, grace and beauty continues to move us and touch our heart.

In our seminars and in the work with horses, we focus on personal competence. Priority is on increasing leadership and social skills, internal and external image, recognition of strengths and weaknesses. Horses are highly sensitive and social beings. Their life within the herd is absolutely important, yet each horse has an individual character. They are generally curious, non-judgemental and direct. In practical exercises, we can become aware of the resonance and clear feedback they impart.

The benefits of this work have been successfully proven in practice. Our professional network continually reviews and further develops these methods, so that the highest quality in our seminar's is assured.

What is the value of this exceptional seminar concept?

Participants interact with horses outside of their familiar comfort zone. Through the immediate feedback given by the horses, a highly personal experience takes place. The results of the work with horses are particularly effective and amazingly sustainable and can often be directly transferred into everyday life.

What do our customers say?

"I have the possibility to experiment and to be myself! This is precisely the approach in these seminars, which makes them so effective "

"Incorruptible training partner reflecting only what IS free from reviews.











AUTHENTICITY

COMMUNICATION





TRUST & RESPECT

TEAM SPIRIT





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With the horses as co-trainers, we offer seminars and coaching on the following topics:

- Leadership skills Leadership behavior
- Communication Body language
- Leadership skills specifically for sales / Key Account Management
- Team building Team development
- Supervision
- Personality development
- Reorientation or Realignment
- Successfully mastering your fears and crises
- Intuition as a powerful source for decision-making
- Individual coaching for couples
- Retreat in Romania's pristine nature
- Feldenkrais Method and Feldenkrais & Riding

All modules are bookable individually

Open seminars In-house seminars Individual coaching Outdoor events

inspiring people | developing ideas | transforming organizations



What accounts for both of us?

- Certified trainer for Horse Assisted Education and licensed HorseDream® Partners
- Certified teacher of 'Feldenkrais and Riding' (MALUFE Institute)
- Shamanic Healing-work and the knowledge of subtle energies

Anja - two ways merge

As HR Manager I was able to familiarize myself with all facets of human resources management. Supporting, supervising and developing personalities has always inspired my life.

Horses have been my companions for practically my entire life. They have an outstanding ability to touch and move people. Together with my life experience in business, this wonderful work came into existence — the interaction and cooperation of heart and mind.

- Diploma in Business Economics (FH)
- Certified teacher of the Feldenkrais-Method (MALUFE Institute)

Michael - bridge between worlds

In my professional activities as an IT-Manager and CIO, the personal development of fellow employees has always been important to me. Supporting and encouraging people is my passion.



After years of intensive involvement with horses, I developed the desire to unite the "Human- and the Horse-World". I consider myself to be a bridge between these two worlds. The practical transfer of experiences into everyday life in order to reach more clarity, authenticity and inner satisfaction is an essential aspect of my work.

Weiß Trainings is a certified HorseDream® partner and qualified Fullmember of the EAHAE, the European Association for Horse Assisted Education and professional development. We are based on experiences since 1996 and we have been actively developing Horse Assisted Education within the Network.

Weiß Trainings - a competent partner in inspiring and innovative personality development.

Location in Germany

Kastanienhof Weiß Trainings GbR

Michael Weiß Helgenreute 5 79348 Freiamt Germany

Phone: +49 (0) 76 45 - 91 65 85 Mobile: +49 (0) 173 - 3 08 42 30 Email: info@horsemotions.com

Location in Romania

Anja Hoffart

Vidra Nr. 76 Comuna Varfurile Judetul Arad Cod Postal 317398 Romania

Mobile RO: +40 (0) 757 - 60 14 31 Mobile DE: +49 (0) 173 - 6 74 90 58 Email: info@horsemotions.com

Visit our website!

www.horsemotions.com







